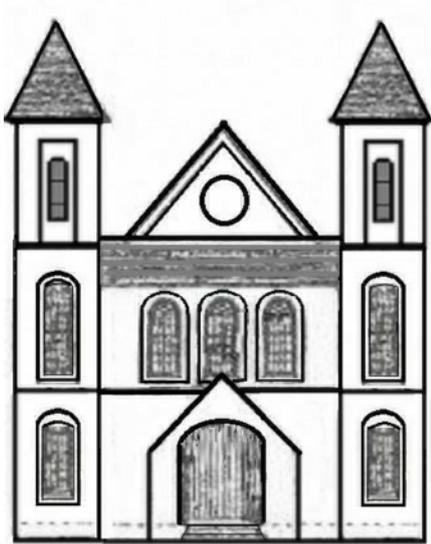


Wye Connect



The joint magazine of Trinity & Cores End
United Reformed Churches



Genesis 7:11

Click [here](#) to connect to
Sunday worship

February 2022

Pastoral letter

Dear friends,

This year I have been more aware of the season of Epiphany than perhaps ever before. It's one that is largely neglected by our church tradition. Unlike Oliver Cromwell we have come to appreciate Advent and Christmas (though perhaps there are some for whom it is all humbug!). We have come to value the season of Lent as preparation for Holy Week and Easter, where we can celebrate the heart our faith in our crucified and risen Lord. Pentecost has its place too, with its focus on the Spirit and the birth of the church, but when it comes to Epiphany people are left wondering what it is all about (if it is mentioned at all).

Yet this season of 'manifestation' – revealing what is hidden – can speak powerfully to our own times, with all the uncertainties and difficulties facing humanity. The hidden reality of the incarnation 'God with us' is revealed in one event after another. Traditionally three stories are focused on as key signs of God's glory revealed in Jesus, the child of Bethlehem and man of Galilee:

- The visit of the wise men from the East – the first Gentiles to encounter Jesus, the child born in the obscurity of the backwater town of Bethlehem. They proclaim Jesus as king of the Jews and one they desire to worship and to offer gifts. Each gift speaks of the saving work of Jesus. Gold speaks of kingship, frankincense of divinity and myrrh of suffering and sacrifice.
- The baptism of Jesus marks the beginning of his public ministry (after the hidden years as carpenter in Nazareth). Here he identifies with the ordinary people in their need and wish to begin afresh. It is a sign of his compassion that finds its fulfilment in the baptism of the cross.
- The miracle at the wedding of Cana, with water changed to wine, a parable of Jesus' transforming effect on human lives, overflowing with extraordinary love, joy and peace.

The season of Epiphany continues beyond these three stories, with three more key ones to add:

- The presentation of the baby Jesus at the Jerusalem Temple, where Simeon speaks of him as one who will be a light to the Gentiles and bring glory to his own people of Israel (a reading for 2 February, marked in the Catholic tradition as Candlemas).
- The calling of the disciples to follow Jesus, where the fishermen are caught up in Jesus' work of fishing for people with the net of God's love.
- The transfiguration of Jesus on the mountaintop (a reading for 27 February, the Sunday before Lent begins) where Peter, James and John saw the divine glory shining through the Jesus they had followed along the way. This mountaintop experience (revealing the divine glory hidden in Jesus) prepared them for the challenges ahead.

This February we have four more Sundays of Epiphany before we move into Lent (which begins on 2 March). One of the prayers we used earlier in the season included the words 'catching a glimpse of God in the ordinary'. How might that be true for you in your own life, as you meet with others and as you interact with the natural world? May we sense Jesus Christ in our midst, sharing our joys and heartaches, speaking his words of challenge and comfort, calling us to follow, showing God's great love for the world. Happy Epiphany! God bless,



Contact: - minister.trinity.coresend@gmail.com



01628 525076

The minister's day off is Friday every week. Please contact your elder if there is a particular need to seek assistance on a Friday.

The next edition will be published on Sunday 27th February. Contributions by Sunday 20th please.

editor@trinity-urc.org.uk

Worship in February

Every Sunday at 10.30 am at both churches

Our thanks to all who led worship, read or provided music at our two churches in January

Covid19 cases in our area and in the UK continue to be very high, though they do seem to be beginning to decline. As church communities we continue to proceed cautiously and slowly, to ensure risks are minimised and the vulnerable are kept safe. **Please continue to take care when at church** (social distancing, wearing masks as required etc) and of course do not attend if you have any Covid symptoms (or test positive). We review our precautions regularly at both churches, ready to tighten or loosen them as appropriate. If you have any concerns or questions, don't hesitate to contact the minister or elders.

STAY SAFE AND PREVENT THE SPREAD OF COVID19

We are continuing to stream the service from Trinity every Sunday so that those who are still confined to home can watch the service. Our thanks to the Techie team for enabling this to happen week by week.

Worship online and in church

10.30 am at Trinity Church and streamed service – the link is bit.ly/trinityhw

6 February	Worship with Holy Communion led by Terry Hinks
13 February	Worship led by John Mackerness (URC Airport Chaplain)
20 February	Worship led by Terry Hinks <i>with speaker from Compassion</i>
27 February	Worship led by Richard Goldstraw (Methodist Deacon)

10.30 am at Cores End Church

6 February	Worship led by Sue Burke
13 February	Worship with Holy Communion led by Terry Hinks
20 February	Worship led by Praise Group
27 February	Worship led by Terry Hinks

Junior Church: sessions (or alternative activities) continue at both churches. For more details please contact the Junior Church Leaders. There are also materials for children and families at <https://www.rootsontheweb.com/>.

Church Correspondence

The Work of Church Secretary is being shared by elders and minister at present. Church Correspondence should be sent to

Sue Thorne (Trinity) secretary@trinity-urc.org.uk
Geoff Britt (Cores End) berylgeoffbritt@gmail.com



Thank you for your Generous Giving

Thank you for your generous support of the churches' work, through your regular giving and donations. If you would like to give to the church by Standing Order, bank transfer or cheque please contact the treasurers for more details:

David Bailey (Cores End) - dandrbailey@tiscali.co.uk 01628 520848
Sue Thorne (Trinity) - treasurer@trinity-urc.org.uk 01494 564635



People News from the Churches

Prayers for our church families

We continue to pray for all those who are unwell or in difficulty at this time.

At Trinity we continue pray in particular for Marianne Hillson, Iris Hook and June Little (in care homes), John Aspinell, Aurelia Awuku, Michelle Butler, Dawn Cornwall, John Hillson, Suzanne Kirkcaldy, Andrew Lewis, Olive Shepherd, John and Joy Standfield, Pauline Starck and Rosemary Taylor.

At Cores End Church we pray for Jessica Brown, Trevor Henry, Chrystal Wright and Betty Toovey (in care homes), David Langford, Sylvia Marsh, Jean Ririe, Betty Stephenson and Rena Utterson.

Happy Birthday to everyone with a birthday this month – in both churches.

Our sympathy to all who have lost a friend or family member in recent months.

Trinity Church directory correction

Please remove the postal address for Rebecca Hawes from your directory but keep her email address and phone number. Thank you!

Remembering friends

EDNA CATHERINE WALKER

21 December 1930 – 7 December 2021



Edna grew up in Trinity. She was the daughter of Florrie Castle, a niece of Kate Smith, who one of the rooms in the church extension is named after, and a cousin of Stella Plumley who was Brown Owl of Trinity Brownies for a number of years. She married her husband Raymond in 1953 who sadly died a number of years ago. When the Trinity Boys' Brigade was formed, she gave the Company Colours in his memory. Edna had served as a Deacon at Trinity and later as an Elder. She had been a member of the Finance Committee and also acted as Freewill Offering Registrar. She was a keen pianist and occasionally played for a service if no organist could be found. As mentioned in last month's Wye Connect she had a great knowledge of Trinity's history and she enjoyed speaking about this to various Trinity groups. Edna had not been well for a number of years and will be greatly missed by her daughter Julie, son Andrew and their families and friends.
Kay Evans

CYNTHIA JOAN HOUCHIN

28 March 1932 – 9 December 2021



Poem read at Cynthia's funeral 'If I should die' by Joyce Grenfell

*If I should die before the rest of you
Break not a flower nor inscribe a stone
Nor, when I'm gone, speak in a Sunday
voice.
But be the usual selves that I have
known.
Weep if you must. Parting is hell.
But life goes on. So sing as well.*

May light perpetual shine on them. May they rest in peace and rise in glory.

Praying Together

Prayer Chains

Both churches operate Prayer Chains so do use these. The first point of contact is:

- David Reynolds or Terry (at Cores End) david@dkreynolds.plus.com
- Rosemary Taylor or Terry (at Trinity). johnandrosemary@outlook.com

Trinity Prayers (Wednesday Mornings, via Zoom) 9.30 am on 2 and 16 February. More information from Kate Yates, Sue Thorne or Terry Hinks.

24/7 Prayer for Wycombe contact Jane Franklin prayer@ccfh.org.uk if you would like to go on the mailing list. The latest Prayer Sheet contains many groups to pray for and this focus for January:

Week of Prayer for Christian Unity

An Online Discussion on the shape of unity today and a time of prayer was held on 24 January and hosted by Terry Hinks. **The Prayer Walk around the Daws Hill estate** was postponed to 3 March at 2.30 pm. For more details contact the chair of Churches Together, Richard Thompson or our minister, Terry Hinks.

Praying for Churches Together in High Wycombe Town Centre

Please pray for the churches following the Week of Prayer for Christian Unity. The Churches are:

Union Baptist Church, Easton Street (and the Hub),
Trinity United Reformed Church, London Road
Society of Friends Quaker Meeting House, London Road
St Augustine's Roman Catholic Church, Amersham Hill
Wesley Methodist Church, Priory Road
The Salvation Army, Frogmoor
All Saints Parish Church, Castle Street
The Romanian Church (meeting at Union)
New Testament Church of God (meeting at Union)
Wesley Holiness Church (meeting at Wesley)
First Church of our Lord Jesus Christ (meeting at Trinity)

Wye Churches Community Prayer takes place on Wednesdays at 4pm, either online or at one of the churches. Contact Terry for more details. Please pray for all the Churches, their congregations and leaders:

Christ Church Flackwell Heath
The Community Church
Cores End United Reformed Church
Flackwell Heath Methodist Church (seeking a new minister to begin in September)
St Dunstan's Catholic Church
St Paul's with St Mary's Wooburn (currently without a vicar)
St Mark's Bourne End and St Nicholas Hedsor
Bourne End Friends' Meeting
St Peter's Loudwater

Faith and cultural awareness Training on Monday 28 February 2022

Churches Together in High Wycombe Town Centre are holding Faith and Cultural Awareness Training to be led by Peter Tate, a Faiths & Cultures Trainer. The simple training session to deepen our awareness of other faiths and cultures is to be held online at 7.30 pm on Monday 28 February. Contact Terry Hinks for more details (and the zoom link) This will be followed by visits to other faith places of worship later in the year (when the Covid19 situation has eased).

Reaching out

Wycombe Refugee Partnership

Cores End Church sent half the proceeds of the Charity Coffee morning to Wycombe Refugee Partnership (£350.68) and received this message of thanks:

Dear everyone at Cores End URC,

On behalf of everyone at Wycombe Refugee Partnership, I would like to wish you a very Merry Christmas and a Happy New Year. Your support earlier this year has contributed to life-changing services in and around High Wycombe for refugees and asylum seekers in need. Thank you for your kindness and compassion.

2021 has been another challenging year for refugees and asylum seekers but you have ensured that people in need within our local area have been cared for. This year, you have helped refugee families gain a greater sense of belonging as they settle into their new homes, despite local and national lockdown restrictions. As well as this, without the support from self-less individuals like you, we would not have been able to launch our new Access and Hardship Fund. This initiative was created specifically for asylum seekers to support those that live on a restricted Home Office allowance.

Thank you again for your support this year. We hope you'll join us again to make the difference in 2022. Best wishes, Everyone at Wycombe Refugee Partnership, xx

Compassion UK - Focus at 10.30 am service on Sunday 20 February

We are looking forward to welcome Hayley, a passionate speaker with Compassion UK for the past 5 years, who will be joining us to celebrate and share the impact being made in the lives of the 6 precious children in Bolivia, Brazil, Ghana and Rwanda, that are sponsored through the partnership of Trinity United Reformed Church and Compassion UK. For those who don't know, Compassion is a leading Christian children's charity who have a relentless passion to empower every child left vulnerable by poverty. Since 1952, they have given children the opportunity to escape the suffering and fear poverty brings through the one-to-one child sponsorship model, believing every child matters and deserves to be safe, fed, educated and empowered. For more information please visit <https://www.compassionuk.org>

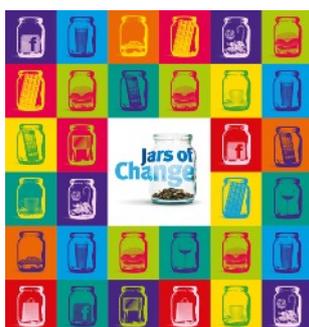
Trinity sponsors two children - Mary and Cristian. Donations to support Mary and Cristian and the wider work of Compassion UK can be sent to the Trinity Treasurer, Sue Thorne treasurer@trinity-urc.org.uk 01494 564635.

Christian Aid collection at Cores End:

Collections over Christmas raised £465 for Christian Aid's Christmas and Afghanistan Emergency Appeals.

Lent 2022 Jars of Change

Both churches are supporting the Water Aid Lent Appeal and inviting members of the congregations to collect 'Jars of Change.' It's not so easy to come across loose change nowadays, so the Water Aid Lent Appeal is inviting you to collect for this vital work in whatever way suits you. You might like to give something up for Lent and work out the money you save. Think of something you use or buy often to give up over Lent – it might involve a shorter time in the shower or resisting buying coffees or snacks. Small savings quickly add up. Watch out for more details soon.



Safeguarding snippets



There is a recent scam by which people are tempted into thinking that an item of mail has failed to be delivered. The following link explains the details, but the simple message is - BEWARE if you receive ANY message from ANYONE that you do not know.

https://conversation.which.co.uk/scams/post-office-fake-delivery-text-message-scam-website/?utm_medium=email&utm_source=engagingnetworks&utm_campaign=ScamAlert200122&utm_content=Scam+alert+200122

Another scam purports to come from Santander Bank and suggests a new payee has been set up. More more information on this one, the link is https://conversation.which.co.uk/scams/fake-santander-text-messages-banking-scam-warning/?utm_medium=email&utm_source=engagingnetworks&utm_campaign=ScamAlert270122&utm_content=Scam+alert+270122

Yet another recent scam comes in the form of an e-mail which suggests that you tried to return an item to a store a year ago (and therefore may have forgotten about it!). You are “invited” to reply to the e-mail to “validate” your details. For the wary ones, it is quite obviously a scam as the address quoted by the “Regional Response Administrator” contains several errors, including a post code with the prefix AM. There is no such post code area!

Situations Vacant



We're looking to recruit a **Church Relationships Manager** to join the team at Embrace and wondered whether this opportunity could be of interested to a member of your church network? If appropriate, please share the link below, perhaps as part of your newsletter or to anyone who you think may be interested? embraceme.org/church-relationships-manager

Job vacancy at Wycombe Homeless Connection

Business and Finance Manager: full-time with flexible options; £34,000 - £36,000 starting salary; office-based in Wycombe with home-working options.

We are looking for a Business and Finance Manager to provide comprehensive financial management and strategic operational support across multiple areas of charity administration, including IT and human resources.

The successful candidate will be able to put their skills to use in a meaningful way helping to tackle homelessness in Wycombe and across the south of Buckinghamshire. (**Closing date:** Monday 14th February)

There are also vacancies for a Junior Support Worker and an Advocacy Worker. (Closing date for each of these is 21st February.) Check out the web link below for more details on each of these positions.

Because of the context of these roles, there is an occupational requirement for the post-holder to be a Christian.

Visit www.wyhoc.org.uk for full information, application forms and details on how to apply.



Countdown to Trinity's AGM

Trinity's AGM and Church Meeting is to be held on Tuesday 15 March at 7.30 pm

Seeking additional elders: we are very grateful to our three serving elders for their work and wisdom in 2021/22. We recognise that we urgently need more elders to make the group work more effectively. Sue and Abigail are willing to stand again (for another 3 years, at the end of which they are required to stand down for at least a year); Alan has another year to serve. We are looking for 2 or 3 elders to join the group. If you would like to explore this further please speak to the minister or elders.

Elders play an important role in the leadership of the church, serving as its local trustees and working with the minister to provide care and support for those linked to the church and to strengthen its life, work and witness in the local community. Information about the work of elders can be found at the URC booklet [becoming-an-elder.pdf \(urc.org.uk\)](https://www.urchurch.org.uk/urc-2019-2021/10-becoming-an-elder.pdf) printed copies also available. Training and support will be given to any newly ordained elder.

List of postholders: our thanks to everyone who has undertaken some role in Trinity over this last year. If for any reason you wish to stand down from that role do let the elders or minister know as soon as possible. If you are interested in filling any of the vacancies in the church, again contact elders or minister. The vacancies at present are:

After-Church refreshments Coordinator	
Pastoral Assistant	Church Flowers Coordinator
Elders	Church Secretary

AGM Reports: our thanks to Angus for being willing to produce the Book of Reports. If you are writing one of the group reports please send it to Angus by **6 February** at the latest. Thank you.

Church Meeting at Cores End

A short Church Meeting was held at Cores End Church on Sunday 9 January after morning worship. The next meeting is Sunday 13th March 2022 after the morning service.

Looking ahead to Cores End AGM in June/July the minister and elders are asking the church to consider a change to the method of nominating elders. At present members are sent a request for nominations and send in their suggestions. If a person receives four or more nominations they are approached and asked to consider the role. None of those nominated last year were able or willing to stand and we wonder if there might be others who if approached would be willing to do so. A more open system of nominations could involve the nominator asking the person if they are willing to consider the role and then nominating them if they are willing. This would involve a change in the constitution and would need to be discussed and agreed at the March Church Meeting. So notice is given of a proposal to change the constitution:

Elders' Nomination Proposal:

Elders are elected by the Church Meeting, following nomination by a church member and seconding by another member and agreement by the member nominated. Names of those nominated should be given in writing to the minister (or serving elder) so that a conversation can be had with the nominee before their name is brought to church meeting for approval. The nominee also needs to have been a member of the church for at least one year and have been given a copy of the leaflet *They've asked me to be an Elder* which details the promises and functions of the elders meeting (see https://www.urchurch.org.uk/images/Churches/Theyve_asked_Elder.pdf). Training and support will be given to any newly ordained elder.

Working for Justice - Special dates in February

13 February	Racial Justice Sunday
20 February	World Day of Social Justice
21 February – 6 March	Fairtrade Fortnight
27 February	Church Action on Poverty Sunday

Fairtrade Fortnight 21 February to 6 March 2022



For two weeks each year at the end of February and start of March, thousands of individuals, companies and groups across the UK come together to share the stories of the people who grow our food and drinks, mine our gold and who grow the cotton in our clothes, people who are often exploited and underpaid.

Last year's festival saw campaigners, shoppers, students and businesses come together in a show of support for the farmers behind our food on the front line of the climate crisis. The COVID-19 pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the very heart of the Fairtrade message and is where your role begins. You are part of the Fairtrade movement, and you have the power to drive long-term change, not only with your shopping choices but with your support in spreading the message. Since last Fairtrade Fortnight we have seen the G7 and COP26 take place. Over 33,000 campaigners joined 1.8m Fairtrade farmers and workers in backing the Be Fair With Your Climate Promise challenge to world leaders at the UN COP26 summit. But frustration came as the wealthiest nations failed to recognise the urgent need to invest in farmer expertise by delaying their promised \$100bn annual funding to the most climate vulnerable countries until 2023. That isn't good enough.

"A frustrating conclusion to a summit filled with hope." This was the verdict of Mary Kinyua, Fairtrade's lead COP26 delegate, and a Fairtrade flower farmer representative. Climate justice was never going to be won or lost at one conference in Glasgow. But where the COP26 agreement fell short, we need to increase the pressure for urgent action.

Choose the World YOU want this Fairtrade Fortnight

We need to be louder than ever to make sure politicians turn their promises into action at COP27 in Cairo next year. The failure to deliver enough progress at COP26 makes it even more important that governments get serious next year. We also need businesses to support Fairtrade more than ever.

In Fortnight 2021 we heard about the determined, ambitious work of Fairtrade farmers taking on the climate crisis. The deep frustration is that politicians from the world's wealthiest nations at COP26 failed to match that ambition and determination.

As Fairtrade farmers continue their work, we need our politicians and business leaders to work harder. COP26 may be over, but we need to make sure climate justice remains a top priority. For politicians, for business leaders, and for all of us.

URC 50th Anniversary in 2022 National and local events



5 October marks the 50th anniversary of the formation of the United Reformed Church, following the approval of a Uniting Declaration by the Assembly of the then Congregational Church in England and Wales and by the General Assembly of the then Presbyterian Church of England. Further unions took place in 1981 and 2000, to make the URC what it is today. There will be a series of events in 2022 to mark the anniversary, culminating in a Jubilee Service on 1 October. Tickets are now available – details on the URC website (or from Terry Hinks) [URC 50th anniversary service tickets available - United Reformed Church](#)

Locally we hope to mark the Anniversary in a variety of ways. In January we looked at the URC's intention from its very beginning 'to go on praying and working, with all our fellow Christians, for the visible unity of the Church in the way Christ chooses so that people and nations may be led to love and serve God and praise God more and more for ever'. We will look at other key elements of our faith in the months ahead.

URC at 50: Worship Resources Competition



To celebrate our anniversary, choirs, bands, individuals, songwriters, composers, and poets are invited to submit an entry into the URC at 50: Worship Resources Competition. There are four categories in which you can enter:

- traditional hymn/song
- poem
- contemporary hymn/song
- rap

Judges will select a winner from each category. Winning entries will be included in a digital version of the URC at 50 resource pack for local churches for them to use in jubilee celebrations and/or Sunday services. The closing date for entries is 8 April 2022. See website for details:

[URC at 50: Worship Resources Competition - United Reformed Church](#)

Nina Sparks...GB Para-Snowboarder

Some of you may know Nina from when she was part of the Trinity youth group, or perhaps you know her as Trinity Guide leader (or as a Rainbow, Brownie, Guide and Ranger at Trinity) or maybe as Tim's sister (and my sister-in-law). However, what you, may not know about Nina is that she is a snowboarder. It has not been an easy journey to achieve her dreams though.

So, after breaking her back, being diagnosed with multiple sclerosis, and then being airlifted off an Austrian mountain with a dislocated knee, Nina has achieved something she would have never thought possible.

On January 14th she raced at the World Para Snowsports championships in Lillehammer, Norway. She is classified in the LL2 category as she has limited ankle movement and impaired muscle power in her right leg (due to the MS). She was racing in the dual banked slalom and came an amazing 6th in the world in her class.

Whilst this qualifies her for the Paralympics in Beijing in a few weeks, Team GB don't have a slot for an athlete in her class this time round. However, they want her to remain in the team for the next 8 years, so this is just the start of an exciting journey. Watch this space!

Julia Sparks



2021 Lillehammer WPSS Championships

World Para Snowboard

Women's Dual Banked Slalom SB-LL2

Final Results

1	NED	10	Lisa BUNSCHOTEN	FINAL
2	CAN	14	Lisa DEJONG	FINAL
3	CAN	12	Sandrine HAMEL	SMALL FINAL
4	USA	13	Katlyn MADDRY	SMALL FINAL
5	NED	11	Renske VAN BEEK	QUARTER FINAL
6	GBR	8	Nina SPARKS	QUARTER FINAL
7	POL	7	Natalia SIUBA-JAROSZ	QUARTER FINAL
8	SUI	9	Romy TSCHOPP	QUARTER FINAL

Some (allegedly true) quotes from American church magazines:

The Revd Brown spoke briefly, to the delight of the audience.

The pastor will preach his farewell message after which the choir will sing, "Break Forth Into Joy" .

Due to the Rector's illness. Wednesday's healing services will be discontinued until further notice.



Churches Working Together

Over the next months we will be hearing from other Christians in our area about the life of their church. We begin with a short article by Sheila Stevenson and Val MacFarlane from the Quakers Trinity's nearest neighbour in the Christian community).



Quakers (Religious Society of Friends)

Quaker faith is a search for truth. We don't offer creeds or doctrine; instead, we try to help each other work out how we should live. Quakerism is almost 400 years old and is the common name for the Religious Society of Friends. It grew out of Christianity and today we also find meaning and value in other faiths and traditions. Key beliefs include the idea that each individual can experience inner light, or the voice of God, and believe there is 'that of God in everyone' recognising that there's something transcendent and precious in every person. They seek to 'meet' this in all people and see all humans as equal, and deserving of equal treatment and respect.

Everyone is welcome in a Quaker meeting where we sit in stillness and waiting, often in silence. One of the things we value about our Quaker community is that we can come as who we really are without having to try to fit in or pretend to be someone we're not. We're not told what to believe – that's something we explore alongside each other.

Locally we have a weekly meeting on a Sunday morning at 10.30 am at the Friends Meeting House, 25 London Road, High Wycombe, HP11 1BU. At the present time this is 'blended' with some meeting face-to-face and others on Zoom at the same time. We also have a monthly meeting on the first Monday of each month at 10 am in the Target Room at Bourne End Community Centre. This is face-to-face. For further details about both of these please contact Val McFarlane (val@mcf107.com). Our website www.caqm.org.uk gives further information about Quakers in our area.

The Centre of the Bible

It is pretty strange or odd how it worked out this way.

What is the shortest chapter in the Bible? Answer - Psalm 117

What is the longest chapter in the Bible'? Answer - Psalm 119

Which chapter is in the centre of the Bible'? Answer - Psalm I 18

Fact: There are 594 chapters before Psalm I 18

Fact: There are 594 chapters after Psalm 118

Add these numbers up and you get 1188

What is the centre verse in the Bible? Answer - Psalm I 18:8

Does this verse say something significant about God's perfect will for our lives'? The next time someone says they would like to find God's perfect will for their lives and that they want to be in the centre of His will, just send them to the centre of His Word!



What is God asking of YOU?

Ministry Enquirers' Event

to help you think about God's call to Worship Leading, Lay Preaching, Ministry with children and young people, the Ministry of Word and Sacraments or Church Related Community Work.

Enquirers' Event

Saturday 12th February 2022

10am-3pm online

Register with ministries@urc.org.uk

to receive Zoom details



Meet up and share ideas on hybrid: worship, children's work, outreach...

Meeting ID: 841 2792 2403
Passcode: 244431

Wednesday 23rd February 7.30pm

Following our successful training sessions, Education & Learning and Children & Youth invite you to meet together. We hope this will become a regular gathering.



Faith - Hope - Love - Since 1972

Email: jenny.mills@urc.org.uk for more information.

Cancer Research Winter Run

On Sunday 13th February Linda, Julia, Tim and Sarah from Trinity URC are running the Winter Run 10km in London to raise funds for Cancer Research.

The 10km is run on closed roads through central London. We start in Trafalgar Square and pass many iconic sights including the Bank of England and St Paul's Cathedral before finishing on Whitehall. Since 2015 when the run started 100,000 people have taken part and helped to raise over £4million! This will be the first Winter Run in London since 2019 (after Storm Ciara in 2020 and lockdown in 2021) and we're all looking forward to the challenge. If you are able to make a donation to our page we sincerely thank you, every penny raised will help the fight against this awful disease.

<https://www.londonwinterrun.co.uk/fundraisers/sarahevans/winter-run>



Cancer Research UK is the largest charitable funder of cancer research in the world, and will stay at the forefront of the global fight against cancer. They are optimistic about the future and the world-class research that they fund will keep making transformative steps in the prevention, diagnosis and treatment of cancer.

Cancer Research UK's determination to beat cancer hasn't faltered and they are more focused than ever on their ambition of seeing 3 in 4 people survive their cancer by 2034.

The difference your fundraising could make

£20

Could run Cancer Research UK's online Cancer Chat for 1 hour.

£30

Could buy special food to grow cells in the lab, allowing scientists to find out more about cancer than ever before.

£50

Could fund one of Cancer Research UK's cancer nurses and their amazing work with people affected by cancer for 2 hours.

£100

Could pay for a patient's cancer biopsy where a tiny amount of tumour is removed with a needle to be studied in the lab.

£300

Could fund a trial of an improved radiotherapy technique for prostate cancer for 1 day.

£500

Could fund the PETReA trial, which aims to help doctors decide how to treat lymphoma for 1 day.

Sundays with CWM: Sharing God's Love: A prayer for the New Year Isaiah 60: 1-6. This is a season in which we are invited to come and see, come and follow, go and share with others. As followers of Christ we are reminded to share Christ's love so that all will experience the freedom and hope Christ's message brings.



Uniting Presbyterian Church in Southern Africa: The Uniting Presbyterian Church in Southern Africa Moderator Right Rev. Siphon Mtshali, was among those who paid tribute to the late Archbishop Emeritus Desmond Tutu, a Nobel Prize Laureate for his anti-apartheid work. In the Moderator's statement, he saluted Archbishop Tutu as a courageous and fearless leader of the South African people.

Union of Welsh Independents General Secretary's New Year's Message: The last two years was the first time in the Union of Welsh Independents history with chapels closed for extended periods of time, breaking the link between buildings and their congregations, said the General Secretary Rev. Dyfrig Rees in his New Year's Message. However, the way ministers and congregations rose to the challenge.

United Reformed Church shares government resource on safety guidance for religious buildings: After the fatal stabbing of MP Sir David Amess in a Methodist Church building, the URC has shared a resource on safety guidance for religious buildings from the government's Centre for the Protection of National Infrastructure. The resources on two main areas of security minded communications.

General Secretary's greetings to gathering of former CWM missionaries: During last year's virtual thanksgiving service for CWM's retired missionaries, our General Secretary Rev. Dr Joosep Keum recorded a short video greeting where he recognised their vision, commitment and sacrifice in responding to God's call.

Sundays with CWM: Thy Kingdom Come: Samuel 23 1-7; Psalm 132: 1-12, (13-18); Daniel 7: 9-10, 13-14; Psalm 93; Revelation 1: 4b-8; John 18 33-37. The faith that tomorrow will be better than yesterday is not widely shared anymore in many parts of the world. We live in an age of division, disillusionment, and anxiety. As we worry about the state of the world.

For any further information go to the website: - [Home - Council for World Mission \(cwmission.org\)](http://www.cwmission.org)

Commitment for Life

Both our churches are focusing on projects in Israel – Palestine, so we do recommend this online meeting:

**Follow up to General Assembly:
how to contact your MP
on Israel-Palestine issues**

Commitment
for Life

Resolution 31 at General Assembly 2021 (one of a set of Resolutions about Israel-Palestine) requested local churches and members to "contact their constituency MPs to express concerns about the actions of the Israeli Government with respect to settlement expansion and house demolitions, and to ask what the UK is doing in response".



Has this caught your eye? Were you wondering where you could start on all this?

Join a small and friendly meeting by Zoom to hear how you can go about lobbying your MP.

Date: Tuesday 8th February 2 – 3.30 pm by Zoom (following a successful meeting in January – Terry attended and found it very helpful).

The GREEN Page

News from A Rocha UK

A Rocha, the Christian conservation charity that runs the Eco church Programme, asks for prayer, volunteers and donations as it continues its wide ranging work to care for God's creation.



Here are some ideas from A Rocha to make 'enjoying nature' your priority this year:

- **Take a wildlife quiz.** From cool questions on the coldest regions to testing for knowledge on the deep blue sea, learn something new about nature alone or with your family with WWF's selection of fun quizzes on their website [Quiz for your world | WWF](#)
- **Bring nature into your home or garden.** Planting a herb or flower as a reminder of our responsibility to steward God's earth. As you tend to this plant, prayerfully ask God how you might nurture nature better at home in 2022.
- **Spot winter wildlife.** Winter is still a great time to be outdoors and see wildlife. Soak up the seasonal sights on your doorstep.
- **Walk and Worship.** Go for a walk in nature and note all the signs of the season. Use this time to reflect on the changing season and what we can be thankful for.
- **Write about or draw something that inspires you in nature.** Try this one as a group activity and share your ideas and reflections.
- **Visit an outstanding area of beauty in the UK.** Many of A Rocha's Partners in Action offer beautiful surroundings and even retreat days or weekends. Check out The National Trust's website for your nearest escape to nature too.
- **Grow your own.** What could you grow inside your home, in the garden or even at church? Who can you bless along the way? Vishadhi started growing her own fruit and vegetables to bless others in urban Southall, London. She comments, "Don't say, 'I don't have a big garden, I can't do it'. Just do it! I tell everyone to just start with a pot inside the house, even with just one seed. If you always buy chilli, just keep one pot with a chilli on the window-sill in the kitchen. There is happiness in doing that. I am growing my Caribbean golden apple in a pot with the intention of taking it with me when I move into a permanent home with a garden."
- **Get to your nearest green space more often.** Time spent enjoying God's creation will help set your mind and seek the things that are above. Bring your sketchpad, notebook or Bible or whatever helps you connect with our heavenly Father, Maker of heaven and earth. Or perhaps God is inviting you to just bring yourself (with some extra layers!) and simply sit.

All 13 URC Synods have now registered their interest in becoming Eco Synods. Thames North will be bringing more detailed proposals and an environmental policy to its meeting on 19 March. There will be a team of 'Eco Apostles' to promote this work around the Synod churches.

A Rocha has a prayer diary [Our prayer diary \(arocha.org.uk\)](http://arocha.org.uk) and its prayer for the week of 28 February is this:

Lord, as we begin the season of Lent this week, we pray that people will be motivated to take action to help tackle climate change as they consider their response to this season and the things they can lay down or take up. May we all be mindful to walk more lightly and more considerately upon the earth during this time. Above all, may our actions help us to remember what you have given up and the sacrifice you have made, through Jesus' death on the cross, for all of humanity and all of creation.

Local Eco Churches working together – meeting on 15 February

Mike Hill (Anglican Deanery Environment advocate) and Terry Hinks have arranged a meeting on for those who are seeking to make their churches Eco Churches. Mike would very much like to see local churches of all denominations (within the Deanery geographical area) co-operate in this work for their mutual benefit. The online meeting is on 15 February from 7.30 to 8.30pm. Paul Taylor who is the Eco Church Leader at All Saints' Church, Marlow (which has a silver award) will be sharing some of his experience in the meeting. If you would like to attend please contact Terry minister.trinity.coresend@gmail.com

Becoming an Eco Synod

Thames North Synod has registered its desire to be an Eco Synod and will be appointing a team of 'Green Apostles' (advocates for the environment) and discussing a Synod Environmental at its Synod meeting on 26 March.

QUIET GARDEN AT CORES END

Cores End URC grounds are registered as a Quiet Garden and listed in the Quiet Garden on-line directory and has its own page on our website at: <https://quietgarden.org/gardens/cores-end-urc-quiet-garden/> The grounds are open to anyone who wants to come and experience a place of peace and reflection, with seats around the grounds also provide points to 'stop and stare.'



The Quiet Garden Movement

Ponderings

A New Year's resolution is something that goes in one year and out the other.

Most of the leaves we turned over in January have already started to fall.

The New Year gives people a fresh start on their old habits.

Most of us would be in more trouble than we are if all our prayers had been answered.

Get ready for eternity, You're going to spend a lot of time there.

The Out-of-Lockdown School of Cookery



Savoury Pancakes. You can either use fresh meat, fish or vegetables. Or ideal for leftover meat.

Ingredients

Pancake Mix
4 oz Plain Flour
1 Large egg
1/2 pint of milk

Filling

1 onion chopped
350g/ 3/4 lb fresh minced, Pork, Beef, chicken or Lamb
Fresh herbs parsley, sage, rosemary (depending on what meat you are using)
1 Tin of chopped tomatoes
Mushrooms sliced
Garlic Cloves crushed (Optional)
Salt and black pepper
Two large round fresh tomatoes sliced
Freshly grated Parmesan or Cheddar Cheese to cover.

Method

1. Make pancake batter using a large bowl, sift flour, make a well in the middle, add the egg and a little milk, beat well until smooth then gradually add the rest of the milk. Leave to stand while making your filling.
2. Heat oil in a pan, fry onion, garlic if using, until soft. Add mushrooms, when cooked for two minutes add the meat that you are using, herbs and tomatoes. Cook for approx 15 minutes. Season with pepper and salt.
3. Heat oven to 180 C/350F/ gas 4.
4. Make your pancakes and set a side on a flat surface. Divide the mixture evenly, put a portion in the centre of each pancake. Roll up your pancake to encase the filling. Transfer to a baking dish or tray. Place the sliced tomatoes on top of each pancake and sprinkle the cheese over the top.
5. Bake in the oven for 15 minutes until crisp.

Serve Hot with your favourite salad leaves.

Any variation can be used to fill the pancakes, I have even made a white cheese sauce to cover the pancakes and sprinkle with cheese. Then serve with hot green vegetables.

Hope you enjoy,

Susan (Atkinson)

Dieter's Prayer

Strict is my diet: I must not want.
It leadeth me to lie down at night hungry:
It leadeth me past the confectioners.
It trieth my will power:
It leadeth me in the paths of starvation
For my figures sake.

Yea though I walk through the aisles of the pastry Department,
I will buy no sweet rolls for they are fattening:
The cakes and pies they tempt me.
Before is a table set with green beans and lettuce.
It filleth my stomach with liquids:
My day's quota runneth over
Surely calories and weight charts will follow me all the days of my life:
And I shall dwell in the fear of scales forever.

Amen

Prayer Page



Lord of Light we come to worship you this Candlemas because you sent your son into the world to become its one true light 'a light for revelation to the Gentiles and for glory to your people Israel'. Bless us we pray so that we reflect that light into this hurting world. In Jesus' Name. Amen.

Lord of Creation we thank you that day by day we are discovering more of this wonderful world around us in creatures we have not seen before, tiny insects and dwellers in the deep oceans. Keep us ever alert and watchful. Teach us that what we think of as ordinary is extraordinary and sacred as all things are made by you and you hold them in your loving care. Amen

Bless your church throughout the world, Lord, may it work together in all its branches and stand firm in the face of persecution. In Jesus' Name. Amen.

On all countries devastated by war
Lord have mercy.
On all people suffering hunger and cold
Lord have mercy.
On all people without work
Lord have mercy.
On all people overwhelmed by volcanoes
Christ have mercy.
On all threatened by rising seas
Christ have mercy
On all living in barren lands
Christ have mercy.
On all suffering from Covid 19
Lord have mercy.
On all who are bereaved
Lord have mercy.
On all separated from family and friends
Lord have mercy.



[Olive Shepherd]

Genesis 7:11
New International Version

¹¹ In the six hundredth year of Noah's life, on the seventeenth day of the second month—on that day all the springs of the great deep burst forth, and the floodgates of the heavens were opened.

Picture Page



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Please continue to send in your photos to photos@trinity-urc.org.uk

Answers to last month's puzzles

9	6	8	1	4	3	7	5	2
7	2	3	6	8	5	9	1	4
1	4	5	9	7	2	8	3	6
5	1	2	4	9	6	3	8	7
8	3	7	5	2	1	4	6	9
4	9	6	7	3	8	5	2	1
3	7	1	2	5	9	6	4	8
2	8	4	3	6	7	1	9	5
6	5	9	8	1	4	2	7	3

Apologies for the number 9 which sneaked into the printing of this puzzle last month. Experts would have realised it was incorrect as it was in a different font and in a row which already contained a correct number 9.

9	4	8	2	3	1	6	7	5
5	3	1	4	6	7	9	2	8
2	6	7	5	9	8	3	1	4
3	8	2	1	7	5	4	9	6
7	1	9	3	4	6	8	5	2
6	5	4	8	2	9	1	3	7
4	2	6	9	5	3	7	8	1
1	7	3	6	8	2	5	4	9
8	9	5	7	1	4	2	6	3

London Underground stations

[There may be other valid answers]

During last year's **WIMBLEDON** Common tennis championships, (not played by the **QUEENSBURY** rules), Tobermory was knocked unconscious when surprised by an **OVAL** ball which hit him on the **TEMPLE**. However, with **VICTORIA** to look after him a quick recovery was assured. While unconscious he dreamt of entering a beautiful **MANOR HOUSE** through an impressive **ARCHWAY**. His route was lined by fearsome **BLACKFRIARS** with **BARKING** dogs, but he felt safe whilst his guardian **ANGEL** was by his side. When Tobermory had recovered, Orinoco announced his intention of getting married and they all celebrated by going to **PICCADILLY CIRCUS** Orinoco liked the clowns best. After a visit to the **BANK** to get some money, it was time to get down to the wedding preparations. Madame Cholet **MAIDA VALE** for the bride to wear and helped her **PINNER** dress's hem up. Tobermory bought a bouquet at **KEW GARDENS**.

The wedding took place in the **WHITECHAPEL** of **ST PAULS** cathedral. A touch of levity was added to the solemn proceedings when the **PARSONS GREEN** hat fell off and he made a **RUISLIP** of the tongue when he said Tobermory had met his **WATERLOO**. The reception, being televised, was held in **GRANGE HILL** School. The wine served was Australian Shiraz and tasted of **OAKWOOD**. Uncle Bulgaria's present, a **GREENFORD** car, was just what they needed to take them, via the **HANGER LANE** Gyratory, on their honeymoon in the Alps. Their beautiful, but very secluded **SWISS COTTAGE** was approached after paying a toll, along **TURNPIKE LANE** by crossing the river by a colourful **EMBANKMENT** at the very end of a very **OLD STREET** in the ancient Swiss town.-

When they returned to England after staying in such a small cottage their home, entered through a **HIGHGATE** which had a latch too high for Orinoco to reach, seemed more like a **MANSION HOUSE** but they all lived happily ever after.